

# SERENDIB TIMES

latest news and updates from Serendib International Cricket Academy



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## Serendib hosts Ontario Cricket Academy, from Canada

by Duminda Indika

Serendib international cricket academy, organized a successful 10 day cricket tour hosting "Ontario cricket academy" from Canada providing them first class cricketing experience in Sri Lanka. This tour included ten matches in 50 & 20 over formats at leading first class venues in Colombo, Galle and Negombo.

SICA organized this event with a view of giving some international match experience to players who represents SICA. It was the perfect opportunity for the grooming cricketers of SICA, where they played 3 matches against the Canadian team. It's not only those players who represented the SICA got the opportunity to play against the Canadian team, schools like St. Benedicts College, St. Josephs College, D.S. Senanayaka College, St. Aloysius College & OKI International School were given opportunities to play against the touring OCA team as well.

"Tour was competitive, fantastic and well organized. Boys enjoyed well and they learned a lot during the tour. Special thank goes to SICA for organizing such a first class tour in grand style providing some quality experience to our boys" said Mr. Derek Perera, The hed coach, OCA.



# 13 Step Guide on Sport Parenting

by *Tharaka Samaratunga*

Parents, you are a vital and important part of the coach-athlete-parent team. If you do your job correctly and play your position well, then your child will learn the sport faster, perform better, really have fun and have his/her self-esteem enhanced as a result. Their sport experience will serve as a positive model for them to follow as they approach other challenges and obstacles throughout life. If you run the wrong way with it, your child will stop learning, experience performance difficulties and blocks, and begin to really hate the sport. Further, your relationship with him/her will probably suffer significantly. As a result, they will come out of this experience burdened with feelings of failure, inadequacy and low self-esteem, feelings that will generalize to other areas in their life. Your son/daughter need you on the team. They can't win without you! The following are a list of useful facts, guidelines and strategies for you to use to make you more skilled in the youth sport game.

- UNDERSTAND YOUR CHILD'S COMPETITION IS THEIR MOST VALUABLE TRAINING PARTNER.
- ENCOURAGE YOUR CHILD TO COMPETE AGAINST HIM/HERSELF
- DON'T DEFINE SUCCESS AND FAILURE IN TERMS OF WINNING AND LOSING
- BE SUPPORTIVE, DON'T COACH
- HELP MAKE THE SPORT FUN FOR YOUR CHILD
- WHOSE GOAL IS IT? IT'S YOUR CHILD'S SPORT
- YOUR CHILD IS NOT THEIR PERFORMANCE - LOVE THEM UNCONDITIONALLY
- REMEMBER THE IMPORTANCE OF BUILDING SELF-ESTEEM IN ALL OF YOUR INTERACTIONS
- TEACH YOUR CHILD THE GIFT OF FAILURE
- CHALLENGE, DON'T THREATEN
- STRESS THE PROCESS, NOT THE OUTCOME
- AVOID COMPARISONS AND RESPECT DEVELOPMENTAL DIFFERENCES
- TEACH YOUR CHILD TO HAVE A PERSPECTIVE OF THEIR SPORT



# "Colors of Serendib" inaugural awards night and Gala dinner



YoU are invited to witness

**SERENDIB INTERNATIONAL CRICKET ACADEMY**

## COLORS OF SERENDIB

**AWARDS NIGHT & GALA DINNER WITH SRI LANKAN CRICKET STARS**

19th May 2018 at 5:00 pm  
Star Light Ball Room, Covanro Hotel,  
Naiwala

BOOK YOUR TICKETS AT SICA OFFICE

We are happy to announce that the inaugural Awards Night & Gala Dinner "Colors of Serendib" has been scheduled to be held on 19th of May at the "Star Light Ballroom of The Covenro Hotel, Naiwala, Gampaha. The organizing committee

The inaugural event will kick off at Star Light Ball room, The Covenro Hotel, Naiwala, Gampaha. It will be attended by Minister of sports & Minister of Education as the chief guests. Also the night will be studded with past & present Sri Lanka Cricketers in the likes of Roshan Mahanama, Sidath Wettamuny, T.M. Dilsha, Nuwan Kulasekara, Rangana Herath, Sachithra Senanayaka to name a few. Also the night will be filled with many amazing items adding color.

In addition to each Junior & senior cricketers receiving awards to commemorate their time spent participating in different tournaments, a select few cricketers will be recognized with special awards, including the Serendib Lion Award and the Spirit of Serendib Award..

# 2018 EVENT CALENDAR

April 12- 20 Under 11 Inter Academy  
Tournament, in Colombo.



April 29-30  
Wesak lantern  
Competition @  
Academy  
Premises

May 19  
"Colors of  
Serendib"  
awards  
night &  
Gala Dinner  
@ Covanro  
Hotel,  
Naiwala.



April - 24-25 Under 10 Junior  
Tournament @ Gampaha  
Botanical Gardens



June 27  
Ice crème  
/ juice  
dansela @  
Academy  
Premises



December 02-20 Under  
13 Inter Academy  
Tournament in Colombo



August 10-16 Cricket  
Tour to Jaffna / Kandy.